



# GROEPSLESSEN ALMERE

	MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
07:00	<b>BOXING</b> Grayson	<b>BOXING</b> Jason	<b>BOXING</b> Jason	<b>BOXING</b> Grayson	<b>BOXING</b> Grayson		
08:00	<b>OMNIA</b> Grayson	<b>OMNIA</b> Jason	<b>OMNIA</b> Jason	<b>OMNIA</b> Grayson	<b>OMNIA</b> Grayson		
09:00						<b>OMNIA</b> Grayson	<b>OMNIA</b> Joey
10:00						<b>BOXING</b> Grayson	<b>STRENGTHH</b> Joey
17:00						<b>OMNIA</b> Jason	
18:00	<b>STRENGTHH</b> Joey	<b>STRENGTH</b> Joey	<b>STRENGTHH</b> Joey	<b>BOOTY CIRCUIT</b> Tisha	<b>BOXING</b> Jason		
19:00	<b>OMNIA</b> Joey	<b>OMNIA</b> Joey	<b>OMNIA</b> Joey	<b>OMNIA</b> Tisha			